



We Treat You Like Family

FREE CHILDBIRTH CLASSES

2011 SCHEDULE:

FOLLOWING DATES AVAILABLE FOR YOUR CONVENIENCE:

One day Saturday Class from
9:00am-12:00pm

(please call for more information on these classes):

*May	7	*September	10
*June	11	*October	8
*July	9	*November	5
*August	13	*December	3

The following dates are two day sessions
6:00pm-8:00pm:

- *May 13 & 20
- *June 17 & 24
- *July 15 & 22
- *August 19 & 26
- *September 16 & 23
- *October 14 & 21
- *November 11 & 18
- *December 9 & 16

Call the Women's Center at
Harlingen Medical Center at (956) 365-1139
to register and confirm session location.

HARLINGEN MEDICAL CENTER WOMEN'S CENTER

The Women's Center at Harlingen Medical Center celebrates more than 1,000 births each year, making it one of the premiere choices for families to welcome their new babies!

The team of physicians, nurses, and staff at the Women's Center work together to ensure a high level of sophisticated medical care in a setting that is aesthetically pleasing and conducive to family-centered obstetrics.

The commitment to expectant mothers begins with FREE Childbirth Classes at Harlingen Medical Center. The comprehensive program prepares new mothers for the childbirth process.

The program features a variety of topics including labor, cesarean births, medications, and a tour.

This program should be taken the 7th to 9th month of pregnancy. Participants should wear comfortable clothes, bring two (2) pillows, and a partner.

To register, or learn more about this program, call the HMC Women's Center at (956) 365-1139.

Harlingen Medical Center's mission is to be the provider of choice for the healthcare services it offers and to promote health and wellness to the people of the Rio Grande Valley!

Breastfeeding Classes also available, please call today!

5501 S. Expressway 77 ~ Harlingen, TX 78550
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